

FOR YOUR SAFETY & WELL-BEING

DURING HARDSHIPS WE ALL EXPERIENCE STRESS. THE BEST WAY TO COPE IS TO MAKE SURE YOU STAY CALM, ALERT, HEALTHY & SAFE.

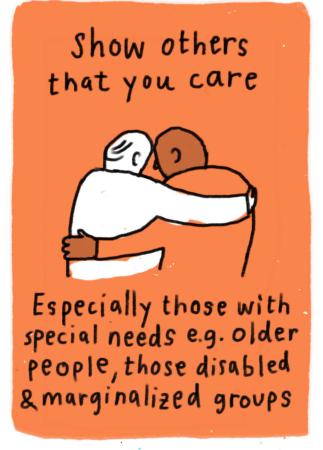
















REMEMBER THAT HUMANITARIAN AID IS ALWAYS FREE



SCAN THE CODE FOR MORE INFORMATION IN (RELEVANT COUNTRY)

