An engagement tool for introducing MHPSS
MOMENT Priority Action Area One Working Group
February 2023

The top 5 headlines for communicating with those unfamiliar with MHPSS to be used by Moment working group members

1. Ask what they are planning, their needs and priorities and how they think we can best integrate MHPSS
2. Explain what mental health and psychosocial needs are, define MHPSS (if required) and how it fits with their activities
3. Explain how MHPSS can enhance their specific activities and programmes
4. Draw attention to the MHPSS Framework
5. Ask them to integrate basic psychosocial activities into their programmes, including basic psychosocial training

Supporting tools, resources and links

- The following might inform your conversations
  - The Hobfoll principles
  - Psychosocial Interventions Handbook (EN, ES, FR)
  - Strengthening Resilience (EN, FR)
- MHPSS Framework
- RCRC Movement
- MHPSS Resolution (EN, AR, FR, ES)
- RCRC Movement Policy (EN, AR, FR, ES)
- Basic psychosocial courses
- Staff well-being course
- M&E basic tools
- Resources to challenge mental health stigma

Key messages for advocating with external stakeholders from WGS: EN, AR, FR, ES
The top 5 requests for MHPSS *Focal Points and those interested* in MHPSS regarding integrating MHPSS to be used by Moment working group members

- Ask them to share the courses on basic PSS and tell them about staff wellbeing course that is being developed
- Ask them to help ensure their National Society has a MHPSS focal point, if it doesn’t already
- Ask if they are aware of the MHPSS policy resolution and Roadmap. Are they aware of the Working Groups?
- Ask what they are planning, their needs and priorities and how they think we can best integrate MHPSS
- Ask if they are aware of the MHPSS policy resolution and Roadmap

Supporting tools, resources and links

- **MHPSS Framework**
- **Basic psychosocial courses**
- **M&E basic tools**

- **RCRC Movement MHPSS Roadmap** *(EN, AR, FR, ES)*
- **RCRC Movement MHPSS Resolution** *(EN, AR, FR, ES)*
- **RCRC Movement MHPSS Policy** *(EN, AR, FR, ES)*
- **Staff well-being course**
- **Resources to challenge mental health stigma**

For more information see [www.pcentre.org](http://www.pcentre.org) or to join Working Group 1, you can contact: Nathalie Helena Rigall narig@rodekors.dk