

MHPSS ERU participant reading list

E-learning Courses

- [Movement Policy on Addressing MHPSS Needs: from Policy to Practice](#)
- [Public Health: Mental Health and Psychosocial Support](#)
- [PFA e-learning course](#)

Pre-reading Materials

Knowledge and skills on MHPSS interventions

- [Hobfoll et al., *Five essential elements of immediate and mid-term mass trauma intervention* \(2007\)](#)
- [IFRC Psychosocial Centre, *A Guide to Psychological First Aid for Red Cross and Red Crescent Societies*. \(2018\)](#)
- [IFRC Psychosocial Centre, *Outreach Walk. Improving protection and psychosocial support through outreach*. \(2020\)](#)
- [IFRC Psychosocial Centre, *Remote PFA during COVID-19* \(2020\)](#)
- [IFRC Psychosocial Centre, *Loss and grief during COVID-19* \(2020\)](#)
- [IFRC PS Centre, *Different. Just like you: A psychosocial approach promoting the inclusion of persons with disabilities* \(2015\)](#)
- [IFRC Psychosocial Centre, *Life Skills – Skills for Life: A handbook* \(2023\)](#)

MHPSS Programming

- [Council of Delegates of the International Red Cross and Red Crescent Movement: *International Red Cross and Red Crescent Movement policy on addressing mental health and psychosocial needs*. \(2019\)](#)
- [MOMENT project, *A roadmap for implementing International Red Cross and Red Crescent Movement commitments on addressing mental health and psychosocial needs 2020 – 2023* \(2020\)](#)
- [IFRC, *Minimum standards for protection, gender, and inclusion in emergencies* \(2018\)](#)
- [IFRC Psychosocial Centre, *IFRC Monitoring and evaluation framework for PS programming Toolbox*, \(2018\)](#)
- [IFRC, IFRC Psychosocial Centre & Canadian Red Cross, *Rapid Assessment Guide for Psychosocial Support and Violence Prevention in Emergencies and Recovery* \(2015\)](#)
- [IFRC Psychosocial Centre and World Vision, *Activity Catalogue for Child Friendly Spaces in Humanitarian Settings + Operational Guidance for Child Friendly Spaces in Humanitarian Settings*. \(2018\) and *Activity Cards for CFS at home* \(2020\)](#)
- [ICRC and IFRC report, *The importance of mental health and psychosocial support during COVID-19*. \(2020\).](#)