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# Mapping the Path: Navigating M&E Challenges and Solutions in MHPSS across Red Cross National Societies

Master thesis University of Bern

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11.04.2024



# Research questions:

- What challenges do National Societies encounter regarding M&E practices in the area of MHPSS?
- How have successful National Societies managed to overcome their M&E challenges in the field of MHPSS?
- What are the requirements for National Societies to address these challenges effectively?

# Interviews



Initial goal was to organise at least two interviews per National Society

## NS Beginners

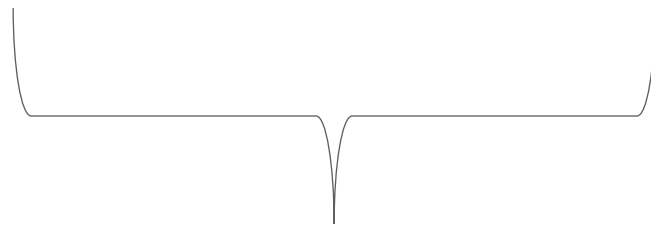
- Swiss Red Cross (3)
- Cameroon Red Cross (1)

## NS Champions

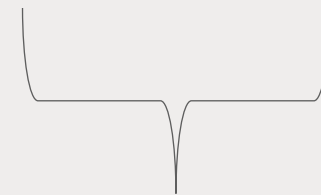
- Australian Red Cross (1)
- Kenyan Red Cross (1)

## Experts

- PS Centre (3)



Bottom-up approach



Top-down approach

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# Challenges faced in implementation



## Challenges outside of M&E

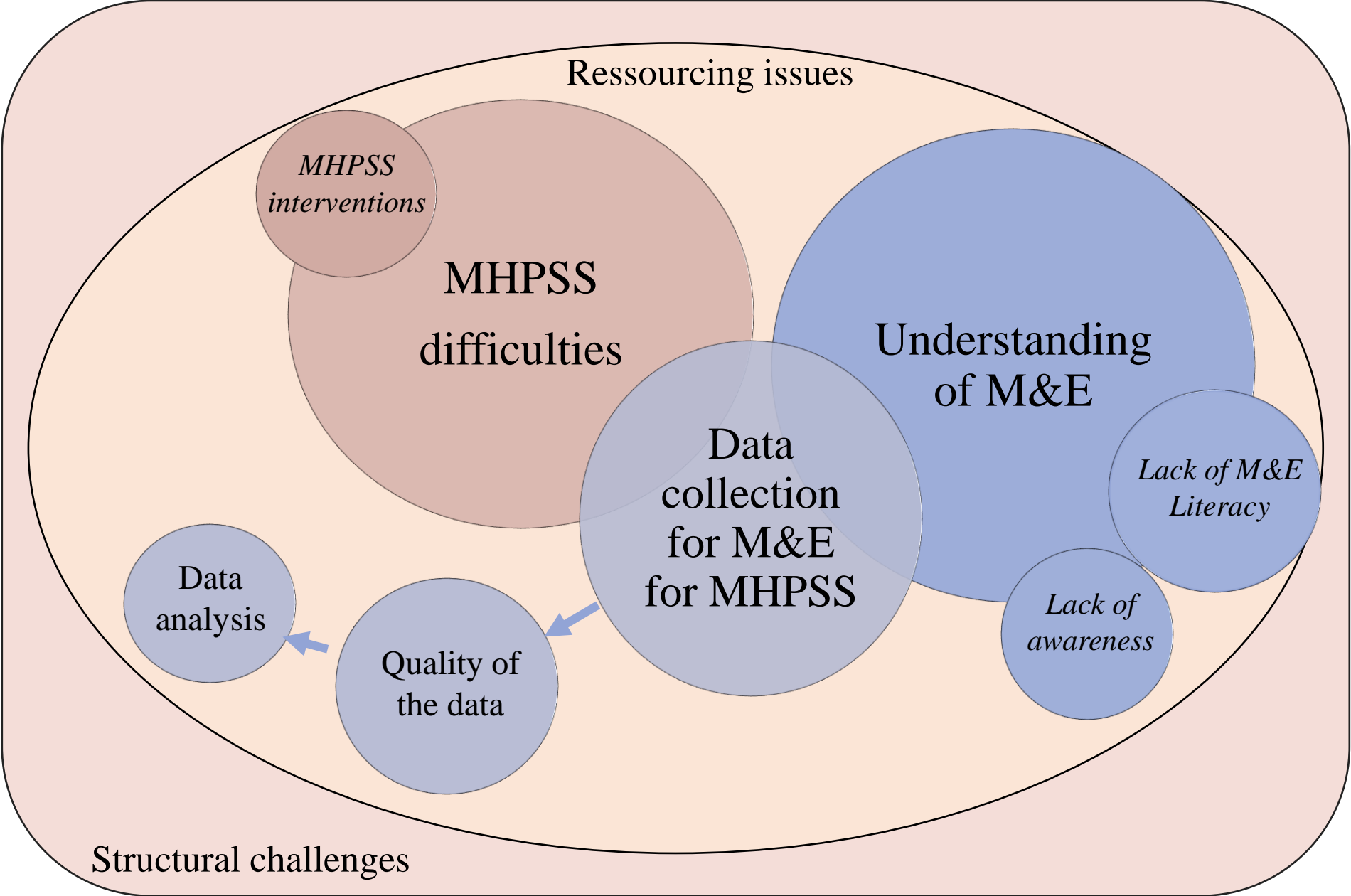
- Limited financial resources (for MHPSS and for M&E)
- Structural challenges

## Challenges with MHPSS

- Challenges with the development and implementation of MHPSS as a cross-cutting and mainstream topic
- MHPSS as a new topic

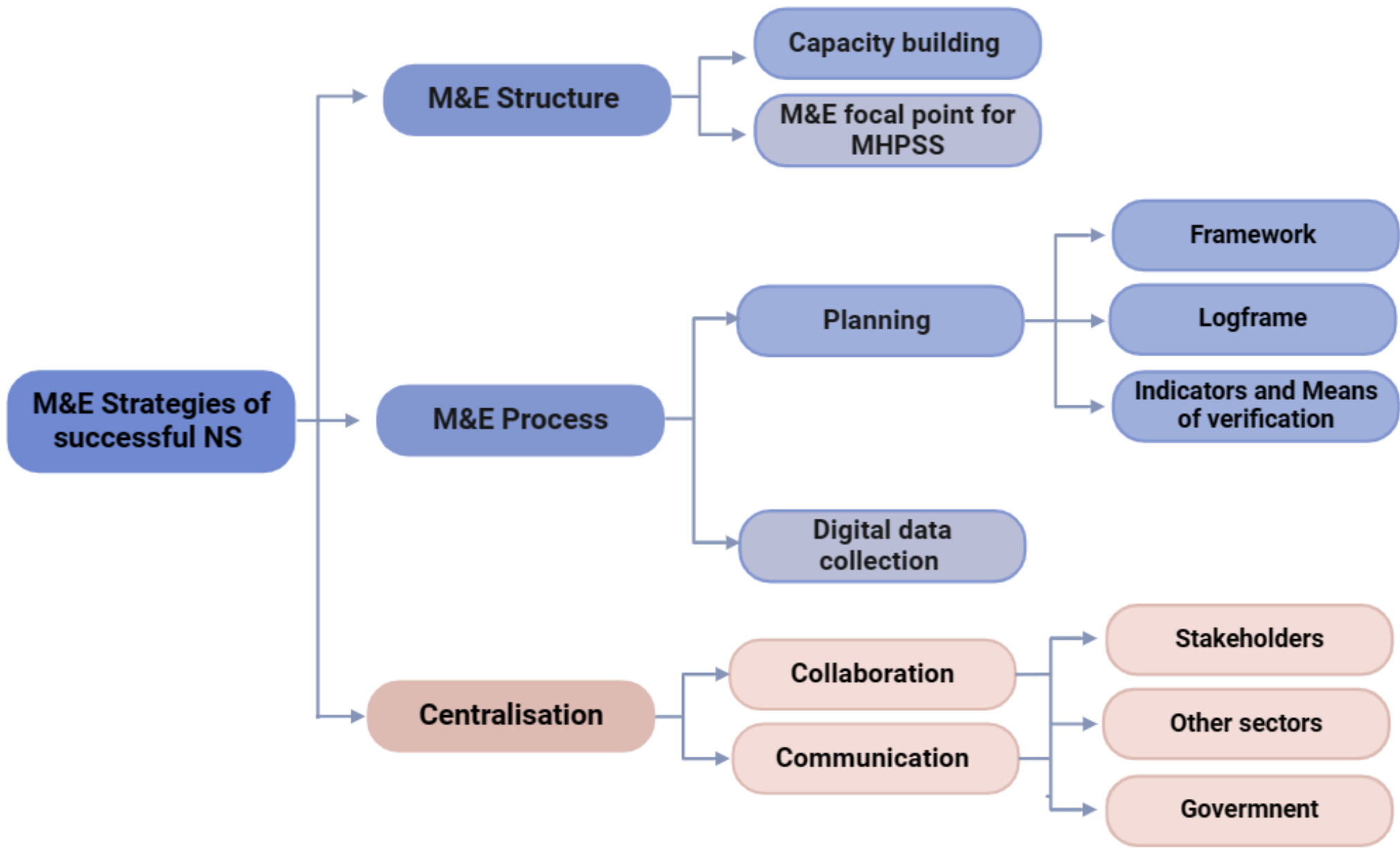
## Challenges with M&E

- Lack of understanding of M&E in general and M&E for MHPSS
- Lack of awareness
- Challenges with measuring the outcomes
- Challenges with data collection
- Challenges with data analysis



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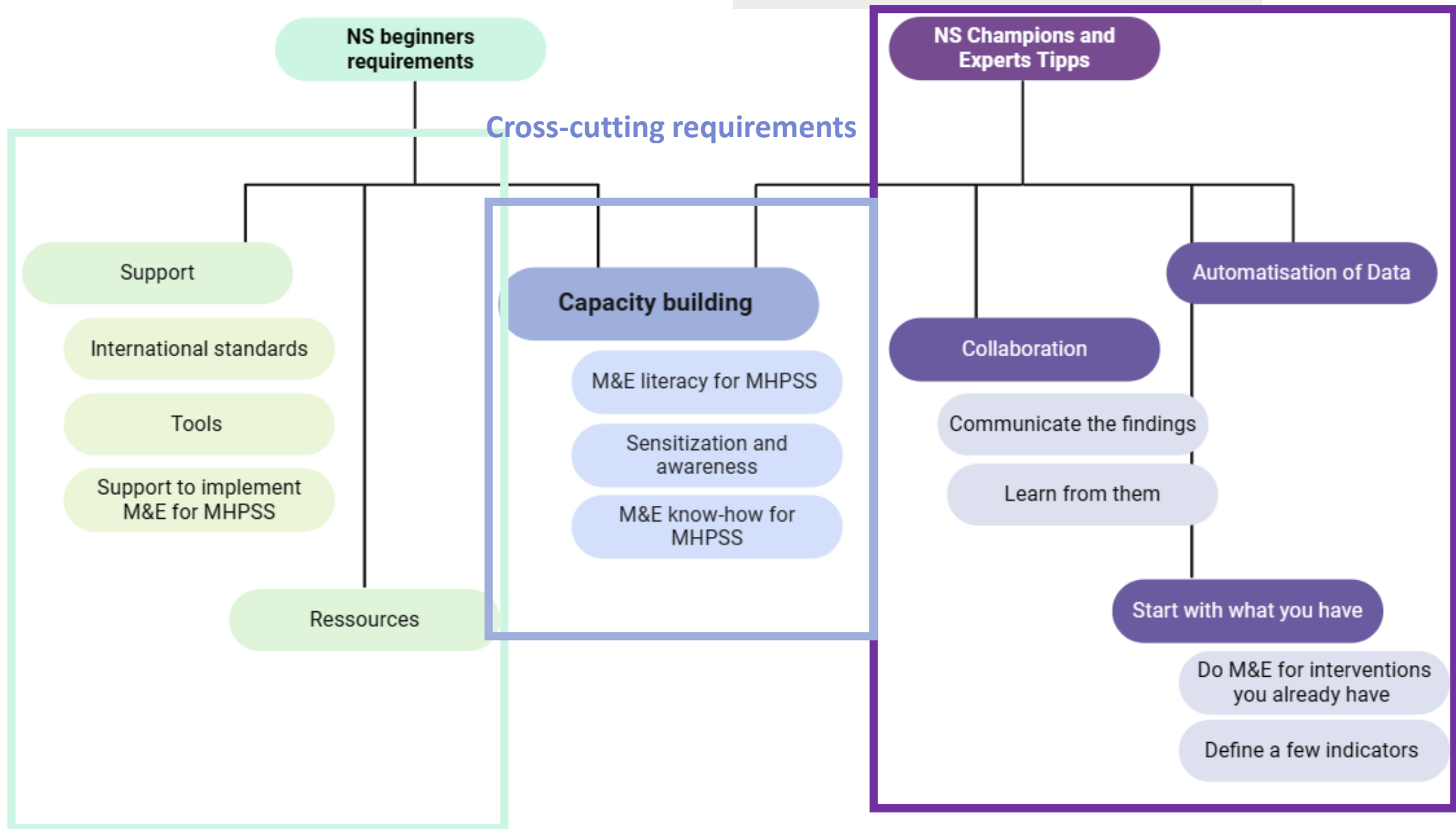
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# Recommendation in the Movement

## Collaboration and Knowledge sharing

Platform where NSs can share experiences and learn from each other, segmented by regions and contexts.

Continue foster community of practice like WG4

Regional PS Centre to provide localized support

## Advocacy

For the recognition and importance of M&E and MHPSS

Highlight their interconnectedness and necessity for legitimacy and effectiveness

Advocate for the systematic implementation of M&E

## Capacity-building

Develop online training resources offered in multiple languages to enhance capacity building in M&E for MHPSS globally.

# Further Recommendations

## **Funding strategies:**

Encourage funders to focus on outcome-based results  
Make them understand the importance of having an M&E plan.

## **Leadership Engagement**

Raise awareness and foster collaboration with the RCRC community to prioritize and advocate for MHPSS initiatives and their M&E

## **University Collaboration**

Foster collaboration with universities to conduct research on MHPSS interventions:

- addressing the gap in available studies
- promoting knowledge exchange between academia and practitioners.



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Thank you for  
your attention!

*Questions?*

