Mapping the Path: Navigating M&E Challenges and Solutions in MHPSS across Red Cross National Societies

Master thesis University of Bern
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Research questions:

• What challenges do National Societies encounter regarding M&E practices in the area of MHPSS?

• How have successful National Societies managed to overcome their M&E challenges in the field of MHPSS?

• What are the requirements for National Societies to address these challenges effectively?
Interviews

Initial goal was to organise at least two interviews per National Society

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<tr>
<th>NS Beginners</th>
<th>NS Champions</th>
<th>Experts</th>
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<tbody>
<tr>
<td>• Swiss Red Cross (3)</td>
<td>• Australian Red Cross (1)</td>
<td>• PS Centre (3)</td>
</tr>
<tr>
<td>• Cameroon Red Cross (1)</td>
<td>• Kenyan Red Cross (1)</td>
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Bottom-up approach

Top-down approach
Research questions:

- What challenges do National Societies encounter regarding M&E practices in the area of MHPSS?

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Challenges faced in implementation

Challenges outside of M&E

• Limited financial resources (for MHPSS and for M&E)
• Structural challenges

Challenges with MHPSS

• Challenges with the development and implementation of MHPSS as a cross-cutting and mainstream topic
• MHPSS as a new topic

Challenges with M&E

• Lack of understanding of M&E in general and M&E for MHPSS
• Lack of awareness
• Challenges with measuring the outcomes
• Challenges with data collection
• Challenges with data analysis
Structural challenges

- Understanding of M&E
- MHPSS difficulties
- Data collection for M&E for MHPSS
- Quality of the data
- Ressourcing issues
- Lack of awareness
- Lack of M&E literacy
- Data analysis
- MHPSS interventions
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# Recommendation in the Movement

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<tr>
<th>Collaboration and Knowledge sharing</th>
<th>Advocacy</th>
<th>Capacity-building</th>
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<tbody>
<tr>
<td>Platform where NSs can share experiences and learn from each other, segmented by regions and contexts.</td>
<td>For the recognition and importance of M&amp;E and MHPSS Highlight their interconnectedness and necessity for legitimacy and effectiveness Advocate for the systematic implementation of M&amp;E</td>
<td>Develop online training resources offered in multiple languages to enhance capacity building in M&amp;E for MHPSS globally.</td>
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### Further Recommendations

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<th>Funding strategies:</th>
<th>Leadership Engagement</th>
<th>University Collaboration</th>
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<tr>
<td>Encourage funders to focus on outcome-based results.</td>
<td>Raise awareness and foster collaboration with the RCRC community to prioritize and advocate for MHPSS initiatives and their M&amp;E.</td>
<td>Foster collaboration with universities to conduct research on MHPSS interventions:</td>
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<tr>
<td>Make them understand the importance of having an M&amp;E plan.</td>
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<td>- addressing the gap in available studies</td>
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<td>- promoting knowledge exchange between academia and practitioners.</td>
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Thank you for your attention!

Questions?