

Suicide: facts and figures

Suicide is the **second** leading cause of death among

15-29 year-olds



There are more deaths from **suicide** than from war and homicide together

Close to **800 000** people die by **suicide** every year

1 death every **40** seconds



55%

High-income countries

79%

of **suicides** occur in low- and middle-income countries



Pesticides, hanging and firearms are the most common methods used globally

Suicides are preventable

Restricting access to means

Responsible media reporting

Introducing alcohol policies

Effective preventive measures

School-based interventions

Training of health workers in early identification and treatment

Follow-up care and community support

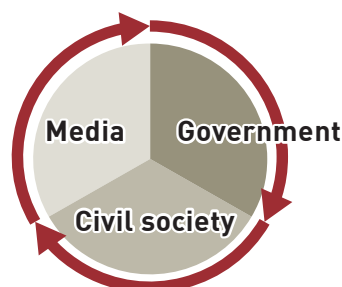


Key is a comprehensive multisectoral approach

Most countries currently do not have a **national suicide prevention strategy**



Reduction of suicide rates:
by 10% in the WHO Mental Health Action Plan 2013-2020
by 1/3 in the UN Sustainable Development Goals 2030



World Health Organization